



Oldbury Park Primary School

Weekly Words 16

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Friday 11th January 2019

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Dates for your diary

(Additions / changes in ***bold italics***)

Wed 23 Jan	2.15pm Jade Morgan (FSW) to see parents– please ring ahead for appt
Thu 24 Jan	Year 4 Swimming Starts
Fri 25 Jan	9.15am KS1 Assembly for Parents
Fri 1 Feb	9.15am KS2 Assembly for Parents
Wed 6 Feb	2.15pm Jade Morgan (FSW)
Thu 7 Feb	6pm Child Mental Health Session for Parents
Fri 8 Feb	9.15am KS1 Assembly for Parents
Fri 15 Feb	9.15am KS2 Assembly for Parents
Fri 15 Feb	Break up for Half-Term Holiday
Mon 25 Feb	Return to school after Holiday
Wed 27 Feb	2.15pm Jade Morgan (FSW)
Wed 13 Mar	2.15pm Jade Morgan (FSW)
Wed 27 Mar	2.15pm Jade Morgan (FSW)
Wed 10 Apr	2.15pm Jade Morgan (FSW)
Fri 12 Apr	Break up for Easter Holiday
Mon 29 Apr	Teacher Training Day No children in school
Tue 30 Apr	Children back to school
Mon 6 May	Year 2 SATs for the next 3 weeks
Mon 13 May	Year 6 SATs this week
Fri 24 May	Break up for Half-Term Holiday
Mon 3 Jun	Back to School
Fri 21 Jun	Teacher Training Day No children in school
Fri 19 Jul	Last day of term for children
Mon 22 Jul	Teacher Education Day
Mon 2 Sep	Back to School
Fri 25 Oct	Break up for Half-Term Holiday
Mon 4 Nov	Back to School
Fri 20 Dec	Break up for Christmas
2020 Dates	
Mon 6 Jan	Back to School
Fri 14 Feb	Break up for Half-Term Holiday
Mon 24 Feb	Back to School
Fri 3 Apr	Break up for the Easter Holiday
Mon 20 Apr	<i>Back to School</i>

Christmas DVDs of Performances

Please can all DVD orders for KS1 and KS2 Christmas performances be in for Friday 18th January. Thank you.

Medications on Trips

Please note that if any children need travel sickness medication for any school trip, including Young Voices, it must be prescribed and not bought over the counter. A form will need to be completed which can be obtained from the office so that medicines can be administered. Thanks.

Year 2 Message for WOW day on Tuesday

If you have any buckets at home (including sandcastle buckets) please could you send one or two in with your child on Tuesday. Thanks.

School Ukuleles – please return to Mrs Phillips asap if you have a school ukulele at home.

No Clubs this Week

Mon	14	Jan	Forest School - Willow
Tue	15	Jan	Year 2 WOW Day Forest School - Oak
Wed	16	Jan	Walk to School Wednesday Forest School – 2LJ
Thu	17	Jan	KS2 to Young Voices No Year 3 Forest School today
Fri	18	Jan	No Parent Assembly Forest School - Ash

Attendance

Week Ending: 21st December 2018

Class	Percentage	Total number of children arriving late to school
Oak	99.26 Well Done	136
4A	99.00	
4M	97.93	
2LJ	97.39	
3M	97.14	
Willow	96.43	This was 78 last week. It's getting worse! Please try harder to be in school on time!
6W	96.33	
6H	93.87	
3C	93.79	
5S	92.67	
2KJ	92.61	Thank you.
Ash	92.42	
5M	91.33	
MAB	91.25	

Please can all children have their named water bottles in school everyday. PE and Forest School are on the days indicated below. Please make sure the children's clothes are really warm for Forest School. PE kits should be left in school whenever possible.

Year	PE	Forest School
Ash	Tuesday	Friday
Oak	Monday	Tuesday
Willow	Friday	Monday
2	Mondays and alternate Fridays	Alternate Wednesdays
3	Wednesdays and alternate Thursdays	Alternate Thursdays
4	Wednesday	Swimming on Thursdays
5	Thursday Friday	
6	Tuesday Friday	

Clubs

Don't forget to sign up for clubs starting on 22nd January!

Dear Parents and Carers

Welcome back after the holiday and a Happy New Year to you all! I hope you had a good Christmas – it has been lovely to hear about them all from the children this week.

By now I hope you will have received an overview of this half-term's learning. This is a new way of presenting key ideas and we would be grateful for your feedback on how useful you find this. There is not as much detail of learning objectives on these sheets, but instead there are more key facts to learn and issues to be discussed and explored. An overview of the year's curriculum can be found under each year group's curriculum area.

Happy news - Mrs Stallwood gave birth to a little girl, Cara, on 23rd December. Congratulations to the family and welcome to Cara.

As we start a new term, may I please remind you to contact me if there is anything you wish to discuss, however big or small.

With best wishes for 2019.

Sarah Boyce

Breakfast for Young Voices

If your child is going to Young Voices next Thursday 17th January and would like a cooked breakfast in school before we leave, please order a Main / Vegetarian meal online on the Aspens Services website as soon as possible. If you are unsure how to do this, please call Sonia our Chef, on 07794 771002 between 7.30am and 2pm. If she is not available, please leave a message and she will get back to you. Many thanks.

Young Voices

We are all very excited about next Thursday's Young Voices. Here is a summary of the day and a few reminders:

We politely request that you **do not include any nuts** in the snacks and meals you send into school with your children on Thursday. We have children who are allergic to nuts and just being next to children who have eaten them can cause a terrible reaction. Thank you for your support with this.

- * Children to wear plain white t-shirt / Young Voices t-shirt and uniform trousers / skirt
- * Cooked breakfast for those who have ordered it
- * Arrive at the Genting Arena in time for a packed lunch sent with your child from home
- * Break after rehearsals for a packed tea sent with your child from home
- * 7.00pm performance
- * 11.00pm meet parents back at school (We will text to inform you of any major changes to this)
Please park on the road and enter through the pedestrian gate or the main driveway on foot.
Year 3/4 to be collected from the KS1 playground in normal way.
Year 5/6 to be collected from Main Hall flagpole door.
- * Friday: children can come into school at either the normal time of 8.45am, or at 10.30am if they are able to have a little lie in, but please do not arrive between these times.

Please call if you have any queries about the day. It should be exciting and we are hoping for perfect seating arrangements. Remember, if anything goes wrong on the evening, Young Voices insist you complain there and then to give them every opportunity to sort it out. Many thanks for the fantastic support for this opportunity.

Year 3 Roman Wow Day

On Tuesday, Year 3 began investigating what life was like as a Roman. To begin with, we used books and the internet to find out as many fascinating facts as we could. Did you know that Romans washed their clothes with “pee”?

Next, we did a carousel of activities to further explore the Romans. These included: dressing up in togas, tunics and armour; constructing Colosseums, forums and basilicas; performing a play in the amphitheatre and learning about the lack of Roman hygiene.



In the afternoon, we became Roman soldiers. After a gruelling 30km march around the field, we practised quickly retreating into turtle formation as the enemy approached.



We all had a fun day and learnt lots of fascinating facts about the Rotten Romans.



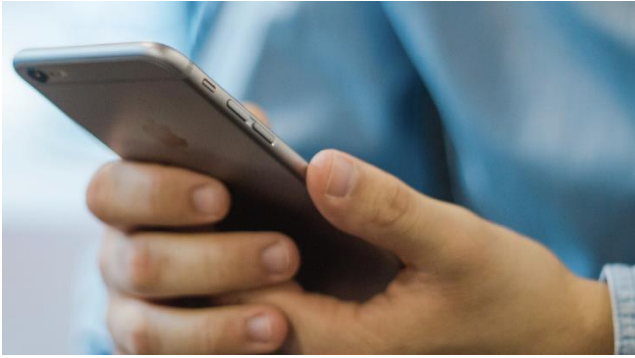
Exciting Times in Year 2

On Tuesday 8th January, the Year 2 classes received some mystery parcels. After some exploration of the artefacts, the children discovered they all linked to the event The Great Fire of London.

We can't wait to celebrate our new Time Travellers topic on Tuesday 15th January. Just a reminder that the children are invited to come dressed in Tudor-Stuart style clothing. We can't wait to enjoy a range of fun, interactive activities on this special day.



Five things parents should know about screen time...



New research into screen time has just been published - but it is still confusing about how much is 'too much'. 'Parent Zone – Digital Parenting' have put together some sensible evidence-based ways to think about screen time limits.

Here's how to take a reasonable, flexible approach - and get your kids on board too.

This week, the Royal College of Paediatrics and Child Health released their report into screen time. The good news is that they haven't found any compelling evidence that screen time is harmful - but unfortunately for the many confused parents out there, there's no definitive line on what a 'safe' amount of screen time looks like, either. But there are sensible, evidence-based ways to think about screen time limits - and, by getting your kids involved, you can find a solution that really works for your family. Here's where to start:

1. *How long should kids spend online per day?*

The 'Goldilocks Theory' put forward by academics from Oxford and Cardiff universities suggests that a certain level of screen time can be beneficial, helping children develop their creativity and communication skills. Around 1 to 2 hours daily during the week and a bit longer at the weekends is considered 'just right' for teens - after that the benefits gradually taper off and the negative effects increase. Younger children, aged 4-7 years old, should probably spend no more than an hour a day online - this can go up to around an hour and a half as they get older.

2. *Remember that not all screen time is the same*

Not all online activities are equal: doing something creative or learning new skills are both very different to mindless scrolling on social media. Perhaps being online is allowing them to socialise in a positive way - or they're just doing something that they really enjoy. If there are real benefits, then the amount of time they spend doing it is less important.

You know your child better than anyone. As long as screen time isn't interfering with schoolwork or other activities, and isn't having a noticeable effect on their mood, then try not to obsess over the numbers - there's probably no need to panic.

3. *Boundaries really do work if you stick to them*

Whatever their kids are doing online, most parents will want to set some kind of limit. The important thing is to get your child involved in the process so that they understand why you're doing so. Be very clear about your reasons and ask them what they think - getting buy-in at this stage can really help to avoid arguments later on. Remember that teens, in particular, might need to spend longer online to complete their homework. Once you've agreed the limits, stick to them! It can be tempting to give up in the face of pester power or teenage sulks, but it will get easier every time you stick to your guns.

4. *Look out for signs that screen time is having a negative effect*

Keep an eye on how your child's screen time may be affecting other areas of their life. If they're spending time with friends and getting enough sleep and exercise, then they may already have a healthy balance. Talk to your child about what they're doing online and get them to think about how it makes them feel when they spend time doing these things. You never know, they may actually agree that staying up late gaming is making them too tired for school the next day, or admit that constant scrolling through social media is starting to affect their self-esteem.

5. *Use it as an opportunity to have quality family time*

Although it is good to set aside time when the family is not using screens - outdoor activities, chats at meal times, day trips at the weekend - this doesn't mean that you can't also get involved in using screens together. If you know that your child enjoys playing games online, organise a family gaming night or give them ownership to plan something for the whole family to get stuck in. If you take a real interest in what they like to do online, they're more likely to come to you if something goes wrong, or if they make a mistake.