

## If you think bullying is happening to you, or to someone else, you should:

- Tell the person to stop.
- Move away.
- Tell an adult and get help straight away.
- Help and support each other both in and out of school



## Who is responsible for anti-bullying in our school?

EVERYONE!

All members of the school community have signed up to: No Bullying at Oldbury!



## What our school does about bullying:

- We take bullying extremely seriously.
- We listen to the children involved and offer support.
- We challenge bullying behaviour.
- We contact parents or carers

We encourage everyone to show respect and kindness to others so that we can stop bullying happening again.

## Our Responsibilities:

We show respect at all times, which means:

- We treat others as we want to be treated.
- We listen to others.
- We tell the truth and are always honest.
- We look after each other.
- We try our best.
- We are always polite.
- We make the right behaviour choices and we follow the school rules.

## Our Rights:

- To be safe.
- To be able to learn.
- To be happy.
- To be listened to.



**Oldbury Park**  
PRIMARY RSA ACADEMY

## Anti-Bullying Leaflet



This leaflet has been developed by the staff and children – 2019 / 2020

## What is Bullying?

Bullying is when someone is hurt by words or actions, on purpose and repeatedly. It can also be when a group of children pick on another child or other children.

## Bullying is not:

- An accident.
- Falling out with friends.
- Something that only happens once.

## Bullying can be:

**Emotional** – when someone's feelings are hurt by:

- Saying or doing unkind things
- Making things up about someone that are not true
- Whispering things to other children about someone else
- Making fun of someone else
- Leaving someone out from a group.

**Physical** – when someone is hurt by:

- Punching, pushing, kicking, hitting, spitting, pinching, biting, scratching or threatening.

**Online (Cyber-bullying)** – when something is written about someone else or someone makes fun of them online in:

- Text messages, chats, comments, emails, photos or videos.

It is bullying, when it happens:

**Several**

**Times**

**On**

**Purpose**



At Oldbury Park Primary RSA Academy, our motto is...

**“Speak Up Against Bullying and Get Help Today!”**

Who can I tell?

- Teachers and Teaching Assistants.
- Lunchtime supervisors.
- Any trusted adult.
- Year 6 Playleaders.
- Family.
- Friends.



MOST IMPORTANTLY, if you feel that you are being bullied:

**STAND UP  
SPEAK OUT**